December 4th, 2020 at 4pm |

Chair: Kay Kelly, VP of Campus Affairs

Scribe Fawziyah Shamim

Student Development Chris Daversa, Chelsea Alterman, and Chris Cali

### 1. Macaulay Scholars Council Representatives in Attendance

- a. Vice President of Campus Affairs and City '21 Representative Yelly
  - i. kkelly002@citymail.cuny.edu
- b. Vice President of IT/Communications and Hunter '22 Representative rvind Dev
  - i. <u>arvind.dev@macaulay.cuny.edu</u>
- c. Vice President of Student Life Committee and Brooklyn '23 Representativemes Brischetta
  - i. James.Brischetta@macaulay.cuny.edu
- d. Campus Affairs Committee Member and City '24 Representativeawziyah Shamim
  - i. <u>fawziyah.shamim@macaulay.cuny.edu</u>
- e. Vice President of Finance Committee and Barush '22 RepresentatiNacholas Cocozzelli
  - i. nicholas.cocozzelli@macaulay.cuny.edu

## 2. Student Development Updates (Chris, Chelsea, and @ris)

- a. Potential Club Leader Workshop?
  - i. What would be included in the workshop?
- b. Reimbursement Deadline: January 20, 2021!
- c. Finals Wellness: Friday, 12/11, 3:30-8:00pm: https://macaulay.campusgroups.com/admin/rsvp\_boot?id=726081
- d. New Group Registration and Club Re-Registration is open now until 1/28/21. Contact <a href="mailto:student.clubs@mhc.cuny.edu">student.clubs@mhc.cuny.edu</a> with any ideas or questions.
- e. Student Organization Leader Workshop is scheduled for Thursday, 1/28/21 from 2-3pm. RSVP here: https://macaulay.campusgroups.com/admin/rsvp\_boot?id=732541
- f. Spring 2021 Student Lounge Volunteer application is open! Apply by 1/25/21: <a href="https://community.macaulay.cuny.edu/forms/spring-2020-student-lounge-volunteer-application/">https://community.macaulay.cuny.edu/forms/spring-2020-student-lounge-volunteer-application/</a>

## 3. January Club Fair (Kay & Student Development)

- a. January 29, 3-6 PM
- b. How to navigate to the Club Fair (by Chris Cali)
- c. Booths and Zoom rooms like the August Community Resources Day
  - i. 3:00-4:00 Panel with invited clubs; 4:00-5:00 Club Booths (via the Club Fair on Club Macaulay); 5:00-6:00 Gathertown Rooms
  - ii. FORM TO REQUEST A GATHERTOWN ROOM FOR THE FAIR: (will be emailed to you)
    - 1. Use it to host an event or GIM
  - iii. Remember to edit your Club Macaulay booths if they need to be updated. It is recommended that there are 3 representatives from your club at your booth.
- 4. Accounting Book/Money Tab Club Macaulay Feature (Nicholas Cocozzelli)

- a. Go to your club page, click on the "money" tab on the left under "group section" and you can find out about your transactions (money that you requested for your club and money that has been allocated to it)
- 5. Student Leader Panel: Burnout/Self Care (Wellness Team/Ashley/Mei and Jason)
  - a. How can you recognize when you are feeling stressed/burnt out?
    - i. Jason's answer: When you realize that the work you are doing is not making you happy and you are just not enjoying what you are doing. Ashley's answer: When you feel void of emotions and when things just don't seem to matter. Also, an indication of stress is when small things irritate you and you nor mally wouldn't feel irritated (change in behavior).
    - ii. Recognize your personal norms. If there is deviation from your normal behavior, it can be an indication of stress.
  - b. 5 Causes of Stress/Burnout: Having too much work, being frustrated with your work, having a lack of recognition/acknowledgement, having a lack of fairness in your environment, experiencing a misalignment of your values
    - i. Working virtually can often lead to a lack of fairness.
    - ii. Lack of recognition/acknowledgement: Grades do not define you!
    - iii. Motiv ation: Do what you are passionate about.
    - iv. Make sure to schedule breaks and do things that you look forward to.
  - c. What are some barriers to practice self care? What are some ways to practice self-care?
    - i. Ashley's Answer: A feeling of guilt/feeling that you shou Id be doing something more "useful" is often a barrier to practicing self -care. You can try to do things that make you feel less guilty and are ways that can help you make progress. (Ex; food-prepping). You can also try to use a buddy system by being productive with a friend (virtual study sessions) so you can be productive while also having human interaction.
    - ii. Jason's Answer: The hardest part about completing a task is actually starting it. So, you should try to start small. Ex; Instead of telling yourself that you'll do an entire workout, try to start by just completing one exercise. It is still productive but not overwhelming.

# 6. Note on Inclusive Timing/Scheduling

- a. Please refer to this <u>Calendar of 2020 2021 Religious Holidays</u> when planning your events, and be considerate of weekend religious obligations.
- b. If you or your other cub leaders not in attendance have comments about Club Council timing, email VP of Campus Affairs Kay Kelly (kkelly002@citymail.cuny.edu) with concerns to be brought to Scholars Council, or you may come to Scholars Council meetings and speak yourself.
- 7. **Scholars Council Updates** (James James.brischetta@macaulay.cuny.edu)
  - a. The Holiday Pajama Party is from 3:00-5:00pm on December 21st
    - i. MSC will be hosting a private end-of-term party from 2:00-3:00 that will lead directly into the Holiday party. We encourage clubs to do the same!
    - ii. If anyone is interested in collabing with MSC please let us know by this weekend!
      - 1. Email <u>James.brischetta@macaulay.cuny.edu</u> if you are interested.
- 8. Campus Affairs Committee Announcements (Kay)

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### a. Diversity Day Event

- i. PLEASE email<u>kkelly002@citymailcuny.edu</u> by the end of the semester if interested in:
  - 1. Hosting a "table", showcase your culture!
  - 2. Putting on a virtual performance
  - 3. Taking place in spring (late Feb/early March)
- **9.** Club Announcements (Kay): Please be mindful of the new format for delivering announcements (upcomingevents and opportunities for collaboration)
  - a.—Macaulay Deewane (deewane@macaulay.cuny.edu)
  - b. The Art of Science (cunysteam@gmail.com)
    - . Taking submissions for Interdisciplinary Research Journal Submission Link
  - c. Macaulay Book Club (<a href="mailto:mhcbookclub@gmail.com">mhcbookclub@gmail.com</a>)
    - December Monthly Meeting on Dec. 21st from 2-3 PM to discuss Harry Potter and the Goblet of Fire
    - ii. Harry Potter and the Goblet of Fire Movie Showing on Dec. 22nd from 2-5 PM via Discord
  - d. Macaulay Business Club (businessclub@macaulay.cuny.edu)
    - Annual Business Conference on Dec. 10th at 6:00 PM
  - e. Macaulay Dancers (themacaulaydancers@gmail.com)
  - f. Humans of Macaulay (<u>humansofmacaulay@gmail.com</u>)
    - i. Interview Workshop right after this meeting @ 6pm
  - g. Macaulay Chamber Music Society (<u>macaulaychamber@gmail.com</u>)
    - i. Concert this Friday at 7pm!
  - h. Macaulay Marauders Quidditch Team (macaulayquidditch@gmail.com)
    - i. Had our first internal team bonding event of the year, hoping to have another one for the holidays
  - i.—Macaulay Musicians' Collective (macaulay.musicians.collective@gmail.com)
  - j. Macaulay Feminist Society (feministsociety@macaulay.cuny.edu)
    - i. December 4th Panel on Reproductive Health and Justice happening right now, in collaboration with Peace Action <a href="https://watson-foundation.zoom.us/j/94641902471">https://watson-foundation.zoom.us/j/94641902471</a>
    - ii. Planning a social media-based fundraiser for period products
  - k. Macaulay Photography Club (<u>mhcphotographyclub@gmail.com</u>)
  - I. Macaulay Pre-Health Professions Club (prehealth@macaulay.cuny.edu)
    - i. Opportunities Board
    - ii. Pre-Health WhatsApp Chat
  - m. Macaulay Service Initiative (<u>macaulayserviceinitiative@gmail.com</u>)
    - i. Closed our fundraising/donation portal for VIRTUAL Fall Rumba 2020 on 11/30 (thank you to those who attended!)
    - ii. Raised over \$100 (still calculating exact amount); will be donating to BAJI (Black Alliance for Just Immigration) soon

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- iii. Started a weekly newsletter around 4 5 weeks back called "Macaday Monday"; newsletter contains info about virtual volunteering opportunities found by our Directors of Volunteer Outreach
- iv. If you would like to be added to our mailing list to receive our newsletters/other news, email us at our Gmail above or join via Clu bMacaulay
- v. If you are already on our mailing list, make sure our emails don't go to spam! (since they are sent via MailChimp)
- n. Macaulay Gastronomy Club (mhcgastronomy@gmail.com)
- o. Spoon University at Macaulay Honors College (spoon@macaulay.cuny.edu)
  - i. CookieCon event in December Chance to win a \$100 gift card :)
- p. Macaulay STEM Society (nhcstemsociety@gmail.com)
  - . Planning a Resume Review & Zoom Interview Tips Workshop in January
- q. Macaulay Theater Club (<u>macaulaytheaterclub@gmail.com</u>)
  - Approved new director (Carina D'Urso), assistant director (Uma Rao-Labrecque) stage manager (Anne Zats)
- r. Macaulay Colleges Against Cancer (<a href="mailto:mhcagainstcancer@gmail.com">mhcagainstcancer@gmail.com</a>)
  - i. Trivia Night on Friday, 12/18, at 5PM
- s. Macaulay Humane Beings (<u>macaulayhumanebeings@gmail.com</u>)
- t. Macaulay Chapter for Habitat for Humanity (macaulayforhabitat@gmail.com)
  - . Household Item building contest in late December
- u. Macaulay Messenger (themacaulaymessenger@gmail.com)
  - i. Our December issue, our final issue of the year, will be published on Dec. 15<sup>th</sup>
- v. Macaulay Peace Action (macaulaypeaceaction@gmail.com)
  - i. (Unable to talk; Rene Yaroshevsky, President writing this) Peace Action is cohosting a panel on reproductive health and justice, featuring 5 great guest speakers, with the Feminist Society. The panel is starting at 5:00 pm but will continue on till 7:00 pm, so people should feel free to join after the Club Council meeting ends. https://watson-foundation.zoom.us/j/94641902471
  - ii. Reproductive Panel zoom id from 5-7pm today: 94641902471
- w. Macaulay Pre-Law Club mhcprelaw@gmail.com
  - i. Had a panel on Dec 3 with MHC alumni who are now corporate lawyers. Planning to share ways for students to maintain connections with these lawyers.
- x. Macaulay Psychology Club (MHCPSYCHCLUB@gmail.com)
- y. Macaulay Queer Alliance (<u>macaulaylgbt@gmail.com</u>)
- z. Macaulay Research Club (macaulayresearchclub@gmail.com)
- aa. Macaulay Triplets (triplets@macaulay.cuny.edu)
- bb. MHC++ (mhcplusplus@macaulay.cuny.edu)
  - i. MHC++ Discord Link
- cc. Macaulay Splash! (splash@macaulay.cuny.edu)
  - i. Postponed conference to spring.
- 10. Special Initiatives
  - a. Macaulay Art Tank (macaulayartsnight@gmail.com)
    - i. Art Tank Discord LInk
    - ii. December 10th, 7pm- Art Exchange Secret Santa Meeting

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- b. Macaulay Fit (macaulayfit@gmail.com)
  - i. WhatsApp:

https://chat.whatsapp.com/LOb2PDYQIxE3IrUMW74y9z?fbclid=IwAR0w8vT4OXL4 B3 Qcpq1KNs4pT0VM8uznsYq1w1pQZiqyAIJVQdtZaxTOt0

- ii. Hosting Finals Wellness Yoga on Dec. 10
- c. Student Lounge Volunteers
  - i. GatherTown Macaulay Reading Room:
     https://gather.town/app/QGTZpHNkDvn98cQW/macaulayreadingroom
- d. Macaulay Diversity Initiative ( <u>macaulaydiversity@gmail.com</u>)
- e:—Macaulay Green Initiative (greeninitative@macaulay.cuny.edu)
  - i.—WhatsApp
- f. Orientation Leaders/Peer Mentors (peermentors@macaulay.cuny.edu)
- g. Senior Committee ( Chelse
- h. TEDxCUNY (<a href="mailto:tedxcuny@gmail.com">tedxcuny@gmail.com</a>)
  - i. Congrats!!! First digital salon event today! Available...

#### 11. Misc. Announcements

SCHOLARS COUNCIL

- a. Interest in Creative Writing?
  - i. Macaulay Scribe will be reactivated! Contact Daniel Wronski if you would like to be involved: danwronski46@gmail.com

## 12. Final Remarks and Adjournment

- a. Reminder: follow up on collabs with other club leaders via email, Club Macaulay chat function, or the **Virtual Reading Room**:
  - i. https://tinyurl.com/MacaulayReadingRoom
- b. FOR MSC IT/COMMUNICATION PROMOTIONS: Bit.ly/mscpromote
- c. See you all at the January Club Fair!
- d. Next meeting for February 5th
  - i. RSVP on ClubMacaulay
  - ii. Fill out the agenda in advance

**February Scholars Council Meeting** 

Date: Sunday, February 7, 2021

*Time:* 11am- 1pm *Location:* Zoom February Club Council Meeting

Date: Friday, February 5, 2021

Time: 4pm-6pm
Location: Zoom