MACAULAY SCHOLARS COUNCIL

Counseling and Wellness Services

Throughout Macaulay, CUNY, and New York City

Suicide Resources

If you're feeling suicidal right now and live in the U.S., please call the <u>National Suicide Prevention Lifeline</u> (http://suicidepreventionlifeline.org) at 1-800-273-TALK (8255) or <u>IMAlive</u> (http://hopeline.com) at 1-800-SUICIDE (1-800-784-2433). These toll-free crisis hotlines offer 24-hour suicide prevention and support. Your call is free and confidential.

Macaulay Honors College Resources

Mental Health and Wellness Center

Dr. Miriam Korn (212) 729-2914 CUNY Graduate Center 365 5th Ave, New York, NY 10016 miriam.korn@mhc.cuny.edu

https://macaulay.cuny.edu/student-life/student-well-being/mental-health-and-wellness-center/

Student Support Team

Students may file a report regarding an individual they are concerned about, which will be handled by a team of administrators that help students in crisis. Reports can be anonymous. https://macaulay.cuny.edu/student-life/student-well-being/student-support-team/

Other efforts: https://macaulay.cuny.edu/student-life/student-well-being/

Resources by Campus

Note: All college counseling centers are FREE for enrolled students, though they may differ in services offered (i.e. personal counseling or group therapy sessions).

Baruch College Counseling Center

(646) 312-2155 137 East 25th Street 9th Floor, Room 914 New York, NY 10010 counseling@baruch.cuny.edu

https://www.baruch.cuny.edu/studentaffairs/counselingCenter.htm

Brooklyn College Counseling Center

(718) 951-5363 0203 James Hall BCPersonalCounseling@gmail.com

bGPersonarGounsening@gman.com

 $\frac{http://www.brooklyn.cuny.edu/web/about/offices/studentaffairs/offices/counseling/services/mental.ph\\p$

The City College of New York Counseling Center

(212) 650-8222 Marshak Science Building Room J-15 160 Convent Avenue New York, NY 10031

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counseling@ccny.cuny.edu
https://www.ccny.cuny.edu/counseling

College of Staten Island Counseling Center

(718) 982-2391 Room 109 of Building 1A <u>counseling@csi.cuny.edu</u> http://www.csi.cuny.edu/counseling/

Hunter College Counseling and Wellness Services

(212) 772-4931
Room 1123, Hunter East
personalcounseling@hunter.cuny.edu
http://www.hunter.cuny.edu/studentservices/counseling-and-wellness/pcs

John Jay College of Criminal Justice Counseling Services

(212) 237-8111 New Building L.68.00 <u>counseling@jjay.cuny.edu</u> <u>http://www.jjay.cuny.edu/counseling</u>

Lehman College Counseling Center

(718) 960-8761
Old Gym Building (next to the library), First Floor – Room 114
250 Bedford Park Boulevard West
Bronx, NY 10468-1589
counseling.center@lehman.cuny.edu
http://www.lehman.edu/counseling-center/

Queens College Counseling Center

(718) 997-5420 Frese Hall, 1st Floor

http://www.qc.cuny.edu/StudentLife/services/counseling/counseling/Pages/default.aspx

Citywide Resources

The Door

(212) 941-9090

http://www.door.org/programs-services/counseling

Free for The Door Members (membership is free)

Mount Sinai Adolescent Health Center

(212) 423-3000

312 East 94th Street, Manhattan

 $\frac{http://www.mountsinai.org/patient-care/service-areas/adolescent-health-center/services/counseling-and-mental-health}{(a)} \label{eq:linear}$

Free for people ages 10-22



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Baltic Street Resource & Wellness Center

(718) 788-6100 882 3rd Avenue, 10th Floor Brooklyn, NY 11232 http://www.balticstreet.org/programs.htm Free for 18+ diagnosed with mental illness

Brooklyn Center for Psychotherapy

(718) 622-2000
300 Flatbush Avenue
Brooklyn, NY 11217
http://www.newdirectionsbrooklyn.com/mental-health/
Sliding scale fees—insurance companies accepted listed here:
http://www.newdirectionsbrooklyn.com/insurance-fees/

Callen Lorde Community Health Center

230 W 17th street New York, NY

http://callen-lorde.org/mental-health/

Sliding scale for uninsured + nominal fee for Medicaid, Medicare, Healthfirst, ADAP, Amidacare, or Metroplus